



SHUTTLEWORTH 
COLLEGE

NURTURE

Think Big, Chase Dreams, Succeed Together

THE SIX PRINCIPLES OF NURTURE PRACTICE IN NURTURING SCHOOLS

IN OUR CHILDREN'S OWN WORDS

1. Children's learning is understood developmentally

As we are developing and getting older, our understanding is getting better. It is important that we feel that we are being understood by others. -AB

2. The classroom offers a safe base

The classroom offers children safety and security, a place to feel happy and safe. The classroom is a safe place but the nurture room is an even safer place where you can show and talk about your feelings. -KN & CB

3. The importance of nurture for the the development of wellbeing

Nurture means everything to me because without it I would be nothing. It is helpful to people who are struggling and going through a lot at home or at school. It's helping me to understand who I am. - AB

4. Language is a vital means of communication

How we speak and treat other people helps them to know how we feel and understand what is going on. How you are spoken to helps to change communication and social understanding. -AL

5. All behaviour is communication

Young people and children behave in different ways because of the way they were raised or the things that may have happened to them in the past. This makes it harder to be socially acceptable and for people to really understand why you act and behave like you do. -AL

6. The importance of transition in children's lives

Being nurtured in all stages of development and change helps you to feel valued and understood. -KN



WHAT DOES THIS MEAN FOR PARENTS/CARERS?

- We aim to make all visitors feel welcome in our school.
- We aim to work with parents/carers as well as the wider community through initiatives like our association with the Burnley Bondholders.
- Parents/carers and the community support our work towards the National Nurturing Schools Programme.
- Nurture Parents' meetings will include reference to the social and emotional progress of the children.

WHAT DOES THIS MEAN FOR STAFF?

- We have provision in place to promote staff wellbeing.
- Staff are included in decision making and planning.
- Staff are actively involved in the Nurturing Schools programme.
- Staff feel respected, valued, and supported.
- Staff have access to relevant training.
- As our policies are renewed, they will begin to reference the Nation Nurturing Schools programme.

WHAT IS HAPPENING IN SCHOOL?

- We use a growth mindset approach to help children believe that they can achieve and learn even when they find things difficult.
- We use student 'ask me' questionnaires to track their social and emotional health.
- We recognise kind and helpful behaviour.
- We foster a whole school approach of kindness and consideration to one another.
- We teach children emotional vocabulary.
- We have a 'Tell Me' box where children can ask to speak to a member of staff about something which is worrying them.
- We have a curriculum that teaches tolerance and respect - qualities that underpin understanding and emotional wellbeing.

WHAT DOES THIS MEAN FOR STUDENTS?

- As part of our acclaimed transition programme which takes students from primary school to Year 7, we track the social and emotional needs of children right from the start so that we can spot potential issues early on and provide help.
- We offer students lots of opportunities to talk about their thoughts and feelings.
- Our curriculum takes into account the varying emotional and social needs of the children.
- We deal with behaviour in a consistent manner using a Restorative Justice model.
- We listen to the children's thoughts and opinions through questionnaires, class assemblies, and school council meetings.
- We prepare children for changes and transition periods in their lives.
- We make the children feel safe and secure whilst they are at school.
- We understand that children learn and develop at different ages and stages.

HOW CAN I HELP SUPPORT MY CHILD?

- Attend parents' meetings to keep in touch with your child's teacher about any changes that may affect their behaviour in school.
- Support your child with homework and encourage them to talk to you about what they have been learning. When children share with you at home it enhances their learning and gives them the confidence to succeed in the classroom.
- Encourage your child to talk about their emotions and feelings with you. The more open we are about how we are feeling the less likely we are to bottle things up and become withdrawn, angry, or depressed.

