

At Shuttleworth College we aim to provide the skills and knowledge to enable each student to become healthy, independent, curious and responsible members of society. Our PSHE curriculum allows students to understand how they are developing throughout their secondary school years personally and socially and tackle many moral, social and cultural issues that are part of their adolescent lives. Not only can we prepare them for issues that they will face in their adolescent lives, but our aim is to prepare them for life after school.

At Shuttleworth College we understand the importance and fortune of living in a multi-cultural society, and therefore we provide our students with the opportunities to learn about different cultures to help them become a member of such a diverse society. By promoting opportunities to learn about rights and responsibilities both within school and outside of school, students begin to develop the ability to self-reflect and develop their own skills and are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and within the wider community.

The PSHE curriculum has been created using the statutory requirements set out by government, as well our own additions to the curriculum using regularly updated safeguarding knowledge and content which focuses on the specific needs of our students. However, due to the current Coronavirus pandemic, the needs of our students will have changed and therefore this must be addressed, therefore PSHE will be taught differently for the first half term initially. It is important that we address the realness of the Coronavirus pandemic and address any misconceptions the students may have about it.

PSHE will be taught for 30 minutes each day, as the final half an hour of the students' day.

PSHE/Boom Timetable Half Term I (2020)

	Year 7	Year 8	Year 9	Year 10
w/c 7 Sept	My Legacy New Beginnings Transition & Change	My Legacy New Beginnings Transition & Change	My Legacy New Beginnings Transition & Change Emotional Wellbeing	New Beginnings Transition Community Art Project
w/c 14 Sept	Emotional Wellbeing Determination Confidence	Emotional Wellbeing Determination Confidence Appearance	Mental Health Determination Self-esteem & confidence Sleep	Emotional Wellbeing Reforming Negativity Determination Self-esteem & confidence
w/c 21 Sept	Sleep Hygiene Advice	Sleep Hygiene Advice	Sleep hygiene Loss of freedom	Sleep Hygiene Advice
w/c 28 Sept	Loss of freedom, social interaction, routine, opportunity & structure	Loss of freedom, social interaction, routine, opportunity & structure	Loss of social interaction, routine, opportunity & structure Positive Change	Loss of social interaction, routine, opportunity & structure Positive Change
<i>Virtual Assembly: Black History Month</i>				
w/c 5 Oct	Careers Branding Skills	Careers Metacognition	Branding Careers Skills Metacognition Memory	Careers Skills Metacognition Memory
w/c 12 Oct	Metacognition Memory Revision Strengths	Revision Fake News Staying safe online Strengths	Revision Skills Portion Control Online dangers Strengths	Revision Skills Discrimination Diversity in Media Strengths
<i>Virtual Assembly: British Values</i>				