

16<sup>th</sup> September 2020

Dear Families

I am writing to you to talk about core physical education at Shuttleworth during these challenging times.

We have worked very hard to create safe routines to allow PE to happen. Unfortunately our view on using the changing rooms is it actually means too much mixing of all children.

We have therefore reviewed how PE can work for different year groups and will be running PE in the following way from Monday 21<sup>st</sup> September:

### **Years 7, 8 & 9**

Come to school in your PE kit and coat on the day of PE lesson.

Each group has a back up classroom if the weather is bad. Students report there at the start of their lesson. This room is shown on their timetable.

If the weather is suitable for PE belongings are left in classroom and students go outside for PE. Only mixing with their form.

If the weather isn't suitable students do theory PE work in the classroom.

PE lessons will be mixed boys and girls, mixing only the form group together.

### **Year 10**

The challenge we have with year 10 is students are already mixing in a lot of combinations for different subjects. If they then mix even more as different groups of boys and girls for core PE it would mean, in the event of a case of coronavirus, the vast majority of the year group would have to isolate for 14 days.

I really want to try to avoid this. I have therefore taken the decision to stop core PE for year 10 for the time being. During the fortnightly slot students will complete their PSHE work. This arrangement will be reviewed at Christmas.

I am genuinely sorry to do this and have tried to find other ways but I have to prioritise trying to keep as many students in school as possible. This means minimising prolonged mixing in bigger groups.

### **Year 11**

There is only one very small group of core PE students, they should come in their PE kit on the day they have core PE.

## Y10 & 11 GCSE PE/Sports Science

Students studying these subjects will still do the practical elements required. Some lessons are theory and some are practical. Students will be required to bring their kit and change for the practical sessions. Their teachers will organise this with them.

The PE kit is outlined below as a reminder:

### PE Kit

- Falcon ZR20 Black & red polo shirt with yellow piping and logo.
- Falcon ZR50 Black & red shorts, though girls may purchase a skort if they prefer.
- Falcon ZR60 Embroidered Skort
- Black & red hooped socks.
- \*Optional Falcon ZR34 Hoody

*\*Please note these are black & red with yellow edges and embroidered with the college logo. They can also be personalised with students' initials for an additional cost and will need to be ordered in advance.*

- Trainers should be chosen for safety and efficient movement, not their aesthetic qualities. The sole should provide stability and a base of support that is flexible and provides cushioning as well as traction. They should be predominantly either black or white, be of a non-marking nature and be suitable for both indoor and outdoor PE lessons.
- Football boots and shin pads, for boys only.

Given the unique circumstances we will also allow boys and girls to wear black tracksuit bottoms as this may be more practical when travelling to and from school.

Yours sincerely



Mrs R England  
Headteacher